

All children at Red Row First School experience a range of Physical Education and sport activities both as part of the school's curriculum and through extra-curricular activities.

In Foundation Stage children have opportunities to develop good control and co-ordination in large and small movements through a range of indoor and outdoor activities. They learn to move confidently in a range of ways and safely negotiate space through structured and unstructured play. Our extensive outdoor area allows the children to challenge themselves physically through the use of a range of apparatus and equipment such as bikes, climbing equipment and balancing apparatus. On a weekly basis all children also take part in a more structured PE lesson. Reception class children have access to other play equipment on the main school yard during lunchtimes.

Children in Key Stages 1 and 2 have at least 2 hours of PE on a weekly basis. These lessons are based on a core task curriculum which includes Games, Dance, Gymnastics, Athletics and OAA. Wherever possible PE lessons take place outdoors in our extensive grounds. We utilise external coaches and specialists.

When restrictions allow, we enjoy working alongside our School Sports Partnership allowing our pupils to take part in a range of inter school competitions and festivals including orienteering, tri Golf, gymnastics, netball and athletics. Many of these events are hosted in the more specialist environment of the local High School. Annually, Red Row achieves many successes in these events. Each summer we attend the Year 4 Quad Kids Athletics event for the Coquet Partnership of schools; a large event consisting of a range of athletics activities. Our annual Sports Days are very popular and well attended by a huge number of parents. KS2 children take part in a wide range of competitive school games events.

Additionally, when restrictions allow and class bubbles are allowed to mix, we will offer an after school club for our pupils, subsidised by the school. Approximately 20 children previously attended this club. Furthermore, children in KS2 receive an hours swimming tuition a week in both the autumn and spring terms. This has been ongoing throughout covid and we feel that this is particularly important due to our location. By the time they leave Red Row, the vast majority of children are able to swim at least 25 metres with many far exceeding this distance.

A huge development in our outdoor resources for every classroom has led to the increase in the amount of physical activity and sport taking place throughout the day. We have installed a new climbing wall, water wall, construction area, bike shed, sensory garden and much more allowing children to access a wealth of activities to be physically active throughout the school day. In addition, specialised equipment has been purchased to supplement these areas allowing every child to maximise the potential of each area.

Subscribing to 'GetSet4PE' has allowed specialist professionals to model and develop the quality of individual PE teaching in our school. Lesson plans and schemes of work have been written with careful consideration of the aims of the National Curriculum to ensure that children are given a wealth of opportunities to develop their physical skills as well as developing the whole child. Each lesson plan has progressive activities that are designed to inspire and engage pupils, allowing them to explore and develop skills and embed knowledge. Lessons are accompanied by supporting resources including resource cards, skills videos and music. Teaching points appear throughout to help teachers with their subject knowledge and differentiation tasks provide activities with simple changes to appropriately challenge all pupils.



Red Row First School Sports Premium Information 2020-2021

The Government is providing £150 million per year, directly to schools to spend on improving the quality of sport and PE for all their children. The funding is ring-fenced and can be spent only on PE and sport provision in schools. Each school receives a lump sum of £1600 and an additional payment for £10 per pupil. At Red Row First School we received **£16,730 in 2020-2021.**

Sports Premium Expenditure and Impact in 2020-21

Expenditure	Amount
Employing a specialist teacher of PE to work in our school 0.5 day a week	£2,450
Employing a specialist teacher of yoga to work in our school 0.5 day a week (early years unit)	£2,146
Subscription to GetSet4PE	£550
Robinwood	£1,200
Kingswood	£1,462
Improving every classrooms outdoor area around school.	£8000
Purchasing playground PE equipment.	£1192
Т	OTAL £17,000

High Quality Physical Education for All

Use of Funding	The desired impact on pupils (2020-2021)
To improve the confidence of staff in using core tasks to deliver the new primary PE National Curriculum.	All pupils will access a broad, balanced curriculum which is focussed on developing physical literacy.
To develop staff confidence and subject knowledge through scaffold of scheme of work	More confident and competent staff. Enhanced quality of teaching and learning.
To support class teachers with planning and delivering high quality lessons and schemes of work.	Children will have improved physical skills in games, gymnastics and athletics.
To team teach with class teachers to increase confidence in subject delivery.	More confident and competent staff. Children will have improved physical skills in games, gymnastics and athletics.
To use PE and school sport to contribute to whole school improvement.	More children will choose to adopt a healthy, active lifestyle.

Competitive School Sport

Use of Funding	The desired impact on pupils (2020-2021)
To enable pupils to compete against other schools (post covid)	More children are part of successful competitive teams.
To provide talented pupils with coaching and support.	Clearer talent pathways.
To provide extra-curricular coaching (post covid)	Increased staffing capacity. More children are engaged in competition.
To develop intra-school competition (post covid)	More children are engaged in competition.

Healthy, Active Lifestyles

Use of Funding	The desired impact on pupils (2019-2020)
To provide access to a range of non-competitive festivals (post covid)	More children report higher levels of enjoyment of physical activity. Children display positive attitudes to health and well-being.
To provide coaching by engaging local sports clubs / coaches.	Improved school-club links.
To increase after school sport provision (post covid)	Improved pupils' attitudes to PE and school sport.
To improve outdoor areas in every classroom.	High levels of physical activity throughout the school day. Positive attitudes to health and well-being.