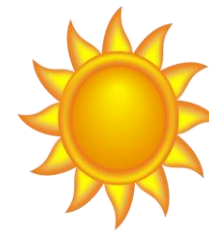

























SUMMER MENU 2019

Red Row First School

WEEK ONE

 **Homemade Dish**



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	 Spaghetti Bolognese  Jacket Potato with a Choice of Fillings 	 Curry of the Day  Jacket Potato with a Choice of Fillings	 Roast Gammon  Yorkshire Pudding  Gravy  Jacket Potato with a Choice of Fillings	 Jacket Potato or Pasta  Cheese or Tuna Fish filling	 Fish Portion  Jacket Potato with a Choice of Fillings
Potatoes Pasta/Rice	Garlic Bread	 Wholegrain Rice	 Roast Potatoes	 Coleslaw Sweetcorn Grated carrots	 Chips Pasta
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables		 Seasonal Vegetables
Salad Bowl	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	 Fruit Crumble Ice Cream	 Shortbread Biscuit Glass of Milk or Juice	 Chocolate Custard Tinned Pears or Peaches	 Choc chip muffin Glass of milk or Fresh orange juice	 School Pudding of the Day

Fresh Fruit and a selection of Breads are always available daily

Drinking Water is Available Daily on the Dining Room Tables

Menus are Subject to Change

W/c 7/05/19, 03/06/19, 24/06/19, 15/07/19, 02/09/19, 23/09/19, 04/10/19, 04/10/19

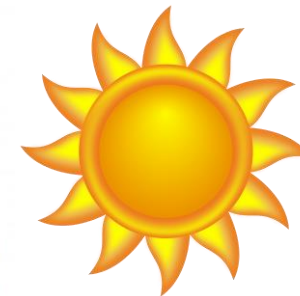


SUMMER MENU 2019

FIRST & PRIMARY SCHOOL

WEEK TWO

 **Homemade Dish**



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	 Homemade Quiche or Fish Cake  Jacket Potato with a Choice of Fillings	 Chicken Fajita Wrap  Jacket Potato with a Choice of Fillings 	 Roast Beef with Yorkshire Pudding Gravy  Jacket Potato with a Choice of Fillings 	 Jacket Potato or Pasta  Cheese or Tuna Fish Filling	 Oven Baked Butchers Pork Sausage  Jacket Potato with a Choice of Fillings
Potatoes Pasta / Rice	Jacket Potato Wedges	Savoury Rice	Creamed Potatoes		Chips Pasta
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Coleslaw Sweetcorn Grated Carrots Beetroot	Seasonal Vegetables
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	 Neapolitan Ice Cream Face slice	 Steamed Ginger Sponge Vanilla Sauce	Jelly & Fruit Sundae	 Soup of the day Bread Roll	 School Pudding of the Day

SUMMER MENU 2019

FIRST & PRIMARY SCHOOL

WEEK THREE



Homemade Dish



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Pizza Wrap or Pizza Wrap Jacket Potato with a Choice of Fillings 	Chicken Enchilada Jacket Potato with a Choice of Fillings	Roast Turkey with Yorkshire Pudding Gravy Jacket Potato with a Choice of Fillings	Jacket Potato Cheese or Tuna Fish Filling	Fish Fingers Jacket Potato with a Choice of Fillings
Potatoes Pasta / Rice	Pasta Roast Potatoes	Savoury Brown and White Rice	Roast Potatoes		Chips Pasta
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Coleslaw Sweetcorn Grated Carrot Beetroot	Seasonal Vegetables
Salad Bar	Seasonal Salads	Seasonal Salads	Seasonal Salads	Seasonal Salads	Seasonal Salads
Starters or Sweets	Chocolate Cake Chocolate Custard	Ice Cream Fruit Roll 	Fruit Cheesecake 	Fruit Muffin Glass of Milk Or Fresh Orange Juice	School Pudding of the Day



Fresh Fruit and a selection Breads are always available daily

Drinking Water is Available Daily on the Dining Room Tables

Menus are Subject to Change

20/05/19, 17/06/19, 08/07/19, 16/07/19, 07/10/19, 04/11/19