


























WINTER MENU

FIRST & PRIMARY SCHOOL

WEEK ONE

-  Homemade Dish
-  Celery
-  Cereals Containing Gluten
-  Crustaceans
-  Eggs
-  Fish
-  Lupin
-  Milk
-  Molluscs
-  Mustard
-  Nuts
-  Peanuts
-  Sesame Seeds
-  Soya
-  Sulphur Dioxide

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Salmon Fillet or Salmon Bites  	Homemade Mince Pie and gravy   	Roast Beef with Yorkshire Pudding and gravy  	Chicken Curry   	Oven Baked Sausage and gravy    
Potatoes Pasta/Rice	Jacket Potato Wedges 	Creamed Potato	Creamed Potatoes 	Wholemeal Rice	Chips
Vegetables	Sweetcorn Broccoli	 Cauliflower Carrots	Cabbage / Swede Brussel Sprouts	Carrots Sweetcorn	Baked Beans Garden Peas
Salad Bowl	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Fruity Chocolate Brownie with a Glass of Milk or Juice    	Iced Marble Cake with Custard    	Fruit and Artic Roll	Tomato Soup Sliced bread	Fruit Cheesecake

Fresh Fruit, Yoghurt and Bread available daily

Drinking Water is Available Daily on the Dining Room Tables

Weeks commencing 7/11/16, 28/11/16, 03/01/17, 23/01/17, 13/02/17, 13/03/17, 03/04/17

WINTER MENU

FIRST & PRIMARY SCHOOL

WEEK TWO

 **Homemade Dish**

 **Celery**

 **Cereals Containing Gluten**

 **Crustaceans**

 **Eggs**

 **Fish**

 **Lupin**

 **Milk**

 **Molluscs**

 **Mustard**










 **Nuts**

 **Peanuts**

 **Sesame Seeds**

 **Soya**

 **Sulphur Dioxide**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Sweet and Sour Pork	Savoury Mince with   Dumplings   and gravy	 Roast Turkey with  Yorkshire Pudding And gravy  	Spaghetti Bolognese   	Fish Fingers
Potatoes Pasta / Rice	Wholemeal Rice	Creamed Potatoes	Creamed Potatoes	Garlic Bread	Chips
Vegetables	Sweetcorn Grated Carrots	 Garden Peas Carrots	 Cabbage / Swede Brussel Sprouts	  Sweetcorn Garden Peas	Baked Beans Garden Peas
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Fruit Muffin with a Glass of Milk or Juice    	Fruit Sponge with Custard    	Oaty Biscuit with Milk / Juice / Custard   	Vegetable Soup Sliced bread	Fruit & Rice Pudding  

Fresh Fruit, Yoghurt and Bread available daily
Drinking Water is Available Daily on the Dining Room Tables

Weeks commencing 14/11/16, 5/12/16, 09/01/17, 30/01/17, 27/02/17, 20/03/17, 03/04/17.

WINTER MENU

FIRST & PRIMARY SCHOOL

WEEK THREE



Homemade Dish



Celery



Cereals Containing Gluten



Crustaceans



Eggs



Fish



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts






































Sesame Seeds



Soya



Sulphur Dioxide

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Tomato or Tuna Mozzarella Wrap	Spaghetti Bolognese  	Roast Gammon with Yorkshire Pudding and gravy    	Chicken and Mushroom Pie and gravy    	Vegetable or Pepperoni Pizza   
Potatoes Pasta / Rice	Jacket Potato Wedges	Wholemeal Rice	Creamed Potatoes	Parsley Potatoes	Chips
Vegetables	Sweetcorn  Grated Carrot	Carrots   Garden Peas	 Cabbage Swede Brussel Sprouts	Mixed Vegetables  Green Beans	Baked Beans  Garden Peas
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	 Seasonal Salad	Seasonal Salad
Starters or Sweets	Tutti Fruiti Cake    	Sticky Toffee Pudding    	Jelly Whip 	Lentil Soup Sliced bread  	Jam Sponge with Custard    

Fresh Fruit, Yoghurt and Bread available daily

Drinking Water is Available Daily on the Dining Room Tables

Weeks commencing 21/11/16, 12/12/16, 16/01/17, 06/02/17, 06/03/17, 20/03/17