

PE and Sport Provision at Red Row First School

All children at Red Row First School experience a range of Physical Education and sport activities both as part of the school's curriculum and through extra-curricular activities.

In Foundation Stage children have opportunities to develop good control and co-ordination in large and small movements through a range of indoor and outdoor activities. They learn to move confidently in a range of ways and safely negotiate space through structured and unstructured play. Our extensive outdoor area allows the children to challenge themselves physically through the use of a range of apparatus and equipment such as bikes, climbing equipment and balancing apparatus. On a weekly basis all children also take part in a more structured PE lesson. Reception class children have access to other play equipment on the main school yard during lunchtimes.

Children in Key Stages 1 and 2 have at least 2 hours of PE on a weekly basis. These lessons generally follow the Val Sabin detailed schemes of work for Games, Dance, Gymnastics and Athletics. Wherever possible PE lessons take place outdoors in our extensive grounds. We are visited by a specialist PE teacher from our local High School on a weekly basis; these visitors lead and demonstrate lessons and support school staff in developing PE teaching. Areas led by these visitors include Tri Golf, tag rugby, tennis and multi sports.

Through buying into the School Sports Co-ordinator all of our KS1 and 2 pupils take part in a range of inter school competitions and festivals throughout the school year including an annual 'Dance Showcase', orienteering, cross Country, tri Golf, gymnastics, netball and athletics. Many of these events are hosted in the more specialist environment of the local High School. Annually, Red Row achieves many successes in these events. Each Summer we attend the Year 4 Quad Kids Athletics event for the Coquet Partnership of schools; a large event consisting of a range of athletics activities. Our annual Sports Days are very popular and well attended by a huge number of parents. All children, from nursery to Year 4 take part in a wide range of competitive athletic events which have more recently included a longer distance race which most children opt to take part in.

On a weekly basis we offer a subsidised fencing/benchball after school club for our KS2 pupils. All clothing, equipment, licences and coaching is funded by the school. Approximately 25 children attend this provision. KS1 are able to access a free weekly multi skills club on a Wednesday lunch time. Children are also able to come along to our weekly after school football coaching. In addition we host and attend football tournaments throughout the year in conjunction with other first schools in our partnership.

Children in KS2 receive an hours swimming tuition a week in both the autumn and spring terms. We feel that this is particularly important due to our location. By the time they leave Red Row the vast majority of children are able to swim at least 25 metres with many far exceeding this distance.

We have recently invested in developing our playtimes to raise levels of activity. Through Northumberland County Council Play Rangers we have trained a group of children to become Junior Play Leaders. These children lead and encourage other children to play a range of games at playtimes. The addition of more accessible outdoor storage space and sports equipment has increased the amount of physical activity and sport taking place during playtimes and lunchtimes.

Working with a specialist sports development company (Premier Sport) teaching staff have been given dedicated time to work with a specialist professional who will work with them to model, team teach and develop the quality of individual PE teaching. This initiative has already improved the overall quality of PE teaching and will continue into future years. The school's PE co-ordinator has

worked closely with a specialist PE teacher to develop her subject co-ordination role and ensure that the PE curriculum is fully compliant with the new National Curriculum for 2014.

Red Row First School received £5105 to support PE and Sport Provision, for the 2013/14 financial year and will receive approximately a further £3000 for the rest of the academic year. These amount has been spent in the following ways:-

Employment of link sports teacher from local high school to provide weekly model PE lessons and organise inter school sports competitions and festivals	£2000
Provision of high quality PE through Premier Sport including team teaching to improve the subject knowledge of our existing teachers..	£4400
Provision of a subsidised Fencing/Benchball Club including provision of relevant equipment and specialist clothing	£800
Provision of a free Multiskills Club including provision of relevant equipment and specialist clothing	£1000
Employment of Northumberland County Council Play Rangers to train Junior Playleaders and work with lunchtime staff.	£500
Total	£8700