

SUMMER MENU 2016

FIRST & PRIMARY SCHOOL

WEEK ONE

- Homemade Dish**
- Celery**
- Cereals Containing Gluten**
- Crustaceans**
- Eggs**
- Fish**
- Lupin**
- Milk**
- Molluscs**
- Mustard**
- Nuts**
- Peanuts**
- Sesame Seeds**
- Soya**
- Sulphur Dioxide**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Sausages with Caramelised Onions and gravy	Spaghetti Bolognaise	Roast Gammon	Chicken Fajitas	Fish Fingers
Potatoes Pasta/Rice	Creamed Potato	Warm Garlic Bread	Creamed Potatoes	Wholemeal Rice or Couscous	Chips
Vegetables	Carrots / Garden Peas	Sweetcorn / Broccoli	Carrots Green Beans Spring Cabbage	Sweet corn	Baked Beans Garden Peas
Salad Bowl	Plated Seasonal Salads	Plated Seasonal Salads	Plated Seasonal Salads	Plated Seasonal Salads	Plated Seasonal Salads
Starters or Sweets	Fruit Muffin with a Glass of Juice	Homemade Lemon Drizzle Sponge with Custard	Shortbread Biscuit with Slice of Fruit and Glass of Milk	Fruit Crumble with Ice Cream	School Pudding of the week



Fresh Fruit and Yoghurt available daily

Drinking Water is Available Daily on the Dining Room Tables

11/04/2016, 03/05/2016, 23/05/2016, 20/06/2016, 11/07/2016

FUEL
FOR LIFE

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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Spring Garden Pizza 	Cottage Pie with gravy 	Roast Beef with Yorkshire Pudding 	Chicken Curry 	Breaded Fish Portion
Potatoes Pasta / Rice	Jacket Potato Wedges	Creamed potatoes	Creamed Potatoes	Basmati Rice 	Chips
Vegetables	Sweetcorn / Broccoli	Carrots / Peas	Cauliflower Mixed Vegetables Spring Cabbage	Broccoli / Carrots	Baked Beans Garden Peas
Salad Bar	Plated Seasonal Salads 	Plated Seasonal Salads 	Plated Seasonal Salads 	Plated Seasonal Salads 	Plated Seasonal Salads
Starters or Sweets	Chocolate Brownie with a Glass of Milk 	Eves or Fruit Sponge with Custard 	Fruit and Jelly or Jelly and Ice Cream 	Homemade soup 	School Pudding of the Week



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18/04/2016, 09/05/2016, 06/06/2016, 27/06/2016, 18/07/2016



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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Sweet & Sour Pork 	Spaghetti Bolognaise 	Roast Turkey with stuffing 	Mince Cobbler 	Sausage in a Bun
Potatoes Pasta / Rice	Wholemeal Rice	Garlic Bread 	Creamed Potatoes 	Creamed Potato 	Chips
Vegetables	Broccoli Grated Carrot	Garden Peas Carrots	Broccoli Carrots Spring Cabbage	Sweetcorn Green Beans	Baked Beans Garden Peas
Salad Bar	Plated Seasonal Salads 	Plated Seasonal Salads 	Plated Seasonal Salads 	Plated Seasonal Salads 	Plated Seasonal Salads
Starters or Sweets	Artic Roll 	Cheese & Biscuits with Grapes 	Fruit Cheesecake 	Ginger Cake with Custard 	School Pudding of the Day



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25/04/2016, 16/05/2016, 13/06/2016, 04/07/2016



